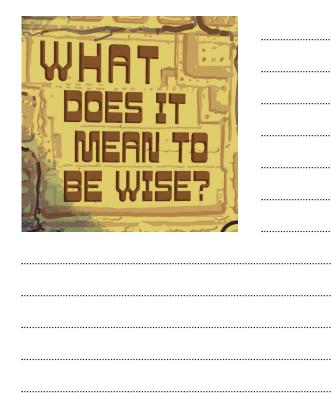
Spend some time thinking about the question below and journal your thoughts or share them with a parent.



August
2021

Week One Preteen



Day 1

Go to bit.ly/SundaysAtHomePreteen and watch this week's episode of The So & So Show.

Even if you already saw it at church, feel free to check it out again!

After watching, write one thing that:

1. You liked:

2. You learned:

Day 2

Read Luke 2:41-52

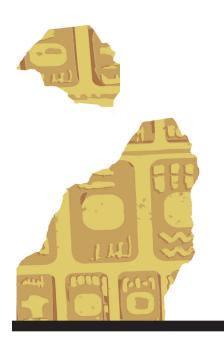
As you read Luke 2:41-52, underline the parts of the story where Jesus is with His parents.

Next, circle the verse that explains where Mary and Joseph found Jesus.

Lastly, highlight the verse that is a hint about where we can find wisdom.

There should be one verse that is underlined, circled, and highlighted. (Spoiler: it's verse 46.)

Just as Jesus went to the temple, sat among the teachers, and listened to them, you too can find wisdom when you search for it in God's Word with the help of your church and friends who follow God!



Day 3

The wisest man in the world, King Solomon, wasn't born that way. He actually asked God for wisdom, and God gave it to him!

Wisdom does take a bit of effort on our part to find—but it's also simple to find, and God wants to share it with us. In fact, Jesus' own brother, James, wrote about it in James 1:5: If any of you needs wisdom, you should ask God for it. He will give it to you. (NIrV)

All you have to do is ask—ask God, ask friends who follow God, look for it in the Bible—and then listen to what God has to say!

Today, start out your search by asking God for wisdom! After all, wisdom is worth searching for.

Dear God, thank You for the promises You give us in Your Word: to guide me, lead me, and give me wisdom. I want to grow in wisdom. Please reveal Your wisdom as I read the Bible, talk about You with others, and ask questions and listen to what You have to say. Thank You for showing me what I should do, and please help me follow through and do it. In Jesus' Name, I pray, amen.

Day 4

Who is someone that you see as wise?

It might be someone who has:

- Lived a lot of life
- Spent a lot of time reading God's Word
- Been following God for a long time
- Made a lot of wise choices
- Made some not-so wise choices, but learned from them

Once you've thought of someone who seems to fit some of these wisdom qualifiers, reach out to them to pick their brain. Ask them how they came to be so wise. Ask them what they think it means to be wise, and why they think wisdom is worth searching for. And ask them to share their best piece of wisdom with you, and to pray for you on your own search for wisdom.



Day 5

What does it mean to be wise?

Finding wisdom is a journey. It's something you learn more about every day, as you grow in your relationship with God. The more you learn about God, the wiser you get, and the more wise choices you will make.

In the Bible, whenever God showed more of Himself to His people, they often built an altar as a way of remembering what God did. This month, as you learn more about God and He shares His wisdom with you, take some time to write down what you've learned, so you won't forget.

Get a sheet of paper and some fun coloring supplies of your choice. You can do a combination of art and words to illustrate what you have learned this week. Each week, you'll add to this sheet of paper (which you will hang as your Wisdom Wall) with more wisdom that you've learned from God's Word, from talking to God, and from talking to other wise people.

Be sure and include some of the wise advice you received from your interview yesterday, as well as the words of James 1:5. When you're done, hang your Wisdom Wall somewhere you will see it every day.

Spend some time thinking about the question below and journal your thoughts or share them with a parent.





Day 1

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After watching, write one thing that:

1. You liked:

2. You learned:

Read 1 Kings 3:4-15

King Solomon was a little bit wise before he was known as the wisest man. How was he "a little bit wise"? He recognized his need for wisdom!

As you read through 1 Kings 3:4-15, circle the section of scripture where Solomon tells God why he needs wisdom.

Did you circle verses 7-9? Now use those verses to fill in the list of reasons Solomon gave God that he needed wisdom:

1.	He was only a little					
2.	He didn't know how to carry out					
	his as king					
3.	Israel was a great (large)					
4.	So he could tell what was					
	and					

Knowing what you don't know is the beginning of your wisdom journey!



Day 3

You are probably not a child king.

But there are certainly areas of your life that you need God's help in knowing what to do.

As you fill in the blanks to write a prayer to God for wisdom, look back on Solomon's list to help you make your own. Then pray the prayer out loud, and trust God to give you wisdom.

- 1. Describe your age/inexperience
- 2. What situation are you facing that you don't know how to do/the wise choice to make?
- **3.** What are some obstacles you are facing that make the situation challenging?
- **4.** What would having wisdom help you to do in this situation?

Dear God, I am only (1),
and I haven't (1)I
don't know how to (or what to do when
it comes to) (2)
And (3) makes it
even harder. Please give me wisdom so
I can (4)
Jesus' Name, I pray, amen.

Day 4

Sometimes we need to figure out what we need.

It can be easy to go through life just making your own decisions about what to do—only to realize you have made a lot of mistakes along the way. You don't have to limit your search for wisdom to just the "big" choices in life. God wants to be involved in every area of your life.

Grab a note pad and pen or open the Notes app on your device and get ready to take notes. Start out by making a list of some people you know who follow after God and try to make wise choices. Then interview them—in person, or by text or phone, and ask them a few questions about their own wisdom journey. Ask questions like:

- **1.** Why do you think we need wisdom?
- **2.** What is an area you've asked God for wisdom in?
- **3.** What is something you think people sometimes do without asking God for wisdom first?
- 4. What is an area you were overmatched for, but God helped you through with His wisdom?

Save your notes to use tomorrow!



Day 5

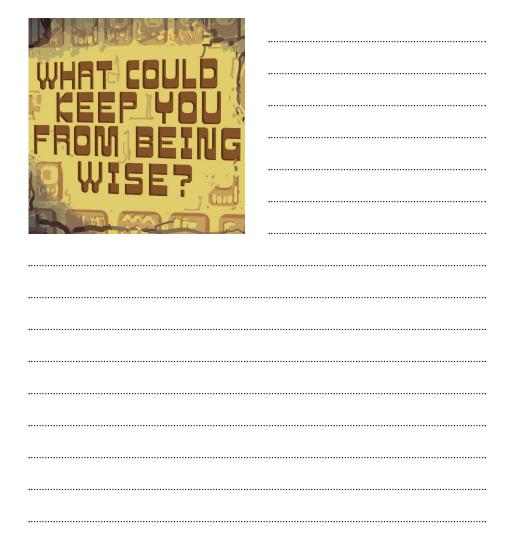
Take down your "Wisdom Wall" and add to it with some more fun art and wise words.

Focus on the question, "Why do you need wisdom?" by writing down areas of your life where you know you need God's wisdom to know what to do. Draw photos illustrating situations you've asked God for wisdom this week.

Also, look back at your notes from your interviews yesterday. Was there any situation someone mentioned that surprised you—an area of your life where you hadn't thought about asking God for wisdom? Be sure and include that on your Wisdom Wall.

When you're done updating your Wisdom Wall re-hang it. Then take a minute to tell God that you trust Him to give you wisdom, and thank Him for sharing His wisdom with you.

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



August 2021



Day 1

Go to bit.ly/SundaysAtHomePreteen and watch this week's episode of The So & So Show.

Even if you already saw it at church, feel free to check it out again!

After watching, write one thing that:

2. You learned:

3. You'd like to know:

1. You liked:

Day 2

Read Proverbs 22:3

Can you interpret these two sentences written in emoji?















I he wise person only has to see the danger once before realizing it's time to get to safety—to remove themselves from the situation. But the childish, or foolish, person might see multiple warning signs before ... crash and burn.

If you guessed that it was the words of Proverbs 22:3, you are right! "Wise people see danger and go to a safe place. But childish people keep going and suffer for it."



Day 3

Solomon's words in Proverbs 22:3 makes a great prayer for wisdom in your own life—and a reminder to think before you act.

Personalize the prayer with a situation where you need wisdom to remove yourself, include your "safe place" (this could be holding your tongue—literally—or sitting with a different group of friends or getting off the computer), and then pray it out loud.

Dear God, I want to be a wise person who sees danger and goes to a safe place. Please help me see the danger in ______, and when I do, to ______.

Please help me to stop so I won't ______ and suffer for it.

In Jesus' Name, I pray, amen.

Day 4

One of the areas all of us can use more wisdom in is with our words.

There's not a person on earth who hasn't said something they regretted at some point. Often it's our tongues that see the danger signs and keep going. Like when you are hanging around with friends talking bad about another person or when you talk back to your parents.

Much of the wisdom in the book of Proverbs deals with the things we say. God knew this was an area we'd all need a lot of help with! Solomon wrote in Proverbs 13:3, Anyone who guards what he says guards his life. But anyone who speaks without thinking will be destroyed. (NIrV)

Who is someone you talk to on a regular basis with whom you should practice "seeing danger" and guard what you say? Get a sheet of paper and draw a stop sign. Then write the person's name in the middle (where it would normally say, "STOP") in block letters. Use a red marker or colored pencil to color in the area around the person's name. Cut out the stop sign and tape it somewhere you'll see it to remind yourself to guard what you say around or to this person.



Day 5

What could keep you from being wise?

We live in a world that tell us doing things fast, and doing several things at once, is the way to go. But go too fast, and stop paying attention, and before you know it, you could be making some un-wise choices.

Stop, think, act. This could be another way of writing King Solomon's wise words in Proverbs 22:3. These are the steps that a wise person takes to live out God's wisdom.

Find a corner of your Wisdom Wall that has some space and draw three graphics that represent STOP (a stop sign), THINK (a brain), and ACT (a check mark). Color them in, and as you do, ask God to help you slow down this week so you can STOP, THINK, and ACT with wisdom.

Spend some time thinking about the question below and journal your thoughts or share them with a parent.

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WHO IS THE	•••
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August 2021



Day 1

Go to bit.ly/SundaysAtHomePreteen and watch this week's episode of The So & So Show.

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After watching, write one thing that:

1. You liked:

2. You learned:

Read 2 Chronicles 10

As you read 2 Chronicles 10, place a © beside the paragraphs where wise advice is given, or wise action is taken. Place a ® beside the paragraphs where foolish advice is given, or unwise action is taken. (Some paragraphs won't have either.)

There were a lot more © than \odot , weren't there? Read verses 16-19 to see the result of all that foolish advice and action.

Go back and circle the wise people who Rehoboam should have listened to.

Who are the "elders" in your life? (Remember, this doesn't necessarily mean someone older than you, although it can; it means someone who is wiser than you.) Write their names down and save it for later this week. (Note: If you don't think you have any "elders" in your life, think about people like your small group leader or Sunday School teacher. Still stumped? Don't worry! We'll talk to God about that tomorrow.)



Day 3

No matter how many names you wrote down yesterday, you can always use more wise friends in your life.

Think about the different places you spend time—do you have at least one wise friend in each of those places? Someone who encourages you to make wise choices and who helps you stop and think before you act?

Write down some of the people in each of the following places you might spend time. If you don't have anyone in that particular place, that's a great one to ask God for help in finding a wise friend. If you do have wise friends there, thank God for them, and ask Him to help your friendship deepen and to help you be an "elder" for your friend as well!

Take a few minutes to ask God to help you find the wise people in your life. He wants you to have wisdom, remember, and He can use other people to help show you the way.

lome:
School:
Neighborhood:
Church:
Sports:
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Day 4

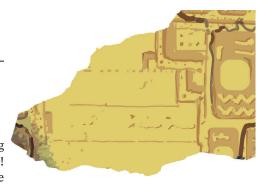
Look back at the names that you wrote down on Day 2 and Day 3—your "elders."

Are these people that you regularly hang out with? If not, why? If so, awesome! Is there more you could do with these people—to learn from them, to become wise like them?

Today, send a text or email, or pick up the phone and make a call, and ask at least one of your "elders" if you can hang out in the next week or so. Be sure and explain that you're learning about wisdom, and since you consider them wise, you want to spend some time with them. (Be sure and get a parent's permission first, of course.)

Before you meet up, think about some of the things you'd like to talk about. Maybe you have a specific situation you could use some help figuring out? Or perhaps you'd just like to pick their brain, to find out how they got so wise, and what kind of things they'd recommend you do to become wiser. You could also consider asking them to be your mentor—a person who you regularly spend time with to become a wiser person.

Try to make this "meeting of the elders" a regular event in your life—you could hang out with one person each week, or even start a text chain with your closest, wisest friends that's focused on talking about the wise choices you're trying to make! **Hang out with wise people!**



Day 5

Who is the wisest person you know?

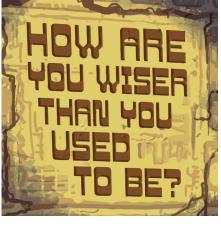
It's time to update the Wisdom Wall again. (Note: If you're running out of room, you can always add another sheet to the wall.)

Take it down, and this time, add the names of your "elders." If you have photos of these wise friends, you can also print those and glue them onto your wisdom wall.

As you write down their name or glue their photo, say a prayer of thankfulness for this person's role in your life. Ask God to help you both continue to search for wisdom—and to encourage each other to grow closer to God.

Then re-hang your Wisdom Wall and smile as you see the names or faces of the wise people you hang out with.

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



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Day 1

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1. You liked:

2. You learned:

Read Romans 12:2

How do you think you learn best?

- If you're an athlete, you might learn by moving.
- If you're a singer, you might remember things you say out loud, or hear.
- If you're a writer or artist, it might be easiest for you to learn things that you write down, or illustrate.

If you want to make your thoughts line up with God's thoughts, you need to get His Words in your brain! Memorizing His truth will help you make wise choices.

As you read Romans 12:2, pick the best way for you to memorize the words. You can come up with motions. You can sing it to a tune, or just repeat it out loud a lot. You can write it down and hang it on your mirror. You can use fun markers and crayons to make word art. It doesn't matter how you get God's Word in your heart and mind, but however you get it there, you will find your thinking changed to be like God's!



Day 3

You've been searching for wisdom for a whole month now.

But completely changing your way of thinking takes time. It's something you and God will be working on your whole life. Every day, as you talk to God, ask Him to continue showing more and more of who He is to you—and to keep transforming your thoughts to match His, so that you will know what you should do. Here is a prayer based on Romans 12:2 that you can pray each morning, so you will never stop growing in wisdom:

Dear God, I don't want to live the way the world lives. I want my thinking to be completely changed so that I can know what it is You want for me. I want Your way, not mine. Thank You for Your plan that is good and pleasing and perfect. Please continue to show me what to do, and to help me do it. In Jesus' Name, I pray, amen.

Day 4

There are a lot of voices in your head all day. Some are voices you should be listening to—like those of your parents, your teachers, your wise friends, and of course, God's.

But some of the voices aren't so helpful. There are some voices that encourage us to do things we know we shouldn't. Voices that tell us we're not good enough, that we're not loved just the way we are. That God couldn't possibly love us.

Growing in wisdom requires growing in your knowledge of God's Word. The more you know the truth, the more you can recognize the lies.

If the voice tells you that you know better than God does, speak this truth to the lie: "Trust in the Lord with all your heart. Do not depend on your own understanding."

If the voice tells you that things will never get better and that God doesn't care, speak this truth to the lie: "Don't worry about anything. No matter what happens, tell God about everything. God's peace will watch over your hearts and your minds."

If the voice tells you that you are not worth of God's love, speak this truth to the lie: "I am absolutely sure that not even death or life can separate us from God's love."

When the voices you hear don't line up with the truth from God's Word, talk to a friend, parent, or small group leader who will speak the words you need to hear—the words that will change your way of thinking, so you can know what it is that God wants for you. Never stop growing in wisdom.



Day 5

Get your fun pens and markers out and take down your Wisdom Wall. How much room do you have left?

If you have enough space, consider writing out the words of Romans 12:2: Don't live the way this world lives. Let your way of thinking be completely changed. Then you will be able to test what God wants for you. And you will agree that what he wants is right. His plan is good and pleasing and perfect. (NIrV)

If you don't have a lot of space left, just write the words "Renew your mind" and "Grow in wisdom" to remind yourself that searching for wisdom is a lifelong journey. The more you know about God's character, and the more you focus on the truth found in His Word, the more you will know what the wise choice is in any situation.

Look over your Wisdom Wall. What have you learned? How are you wiser than you used to be? As you hang your Wisdom Wall back up, thank God for all the ways you've grown in wisdom!